

## Assessment Summary Sheet

Take an assessment and begin a wonderful journey of self discovery.

### Personality Assessments

**TypeFocus (\$5):** This assessment is based on Carl Jung's theory of psychological types. It reliably estimates your personality and helps you choose careers that match your natural strengths. You may:

- ✓ Identify one of 16 personality types that match with carefully chosen career clusters that 'fit' with your personality's unique strengths and talents.

**Myers-Briggs Type Indicator® Career Report (\$25):** The Myers-Briggs Type Indicator® is a self-report questionnaire used to measure and describe people's preferences and how it relates to careers. This report:

- ✓ Identifies job families and occupations that are a good fit for your reported MBTI type.
- ✓ Provides knowledge about your preferred work tasks, your preferred work environments, your type strengths and challenges, job families and occupations for your type.

**View sample report:**

[http://www.psychometrics.com/docs/mbti\\_st1\\_cr.pdf?LanguageID=EN-US](http://www.psychometrics.com/docs/mbti_st1_cr.pdf?LanguageID=EN-US)

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### Interest Assessments

**Career Key (\$5):** The Career Key test measures the strength of your six Holland personality types. This tool provides broad information and is a good starting point to initiate your career exploration process. You may:

- ✓ Discover careers that match your interest and get detailed information about each one.
- ✓ Identify suitable academic majors and education programs.

**View sample test scores:** [http://www.careerkey-ca.org/asp/test/johns\\_scores.html](http://www.careerkey-ca.org/asp/test/johns_scores.html)

**Strong Interest Inventory (\$15):** The Strong Interest Inventory, based on Holland's Career Themes, is a comprehensive tool that can help you make satisfying decisions about your career and education. The Strong tool:

- ✓ Relates your interest patterns to workers within the various occupations who report to be satisfied in their careers
- ✓ Helps you choose appropriate education and training relevant to your interests
- ✓ Provides an insight into your preferences for leadership, risk taking, and teamwork

**View sample report:**

[http://www.psychometrics.com/docs/strong\\_pc.pdf?LanguageID=EN-US](http://www.psychometrics.com/docs/strong_pc.pdf?LanguageID=EN-US)

**CareerLeader College (\$25):** The CareerLeader® is a comprehensive business career development tool. It can:

- ✓ Provide you with expert assessments of your unique pattern of business-relevant interests, values and abilities.
- ✓ Integrate your results, recommending specific career paths that are likely to be your best career path matches, and why you match well.
- ✓ Provide you with in-depth views into 30 business career paths, including information about the interests, rewards and abilities associated with each one.

**View sample report:**

[http://www.careerleader.com/ftpfiles/CareerLeader\\_ProfReportNarrative.pdf](http://www.careerleader.com/ftpfiles/CareerLeader_ProfReportNarrative.pdf)

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### **Additional Resources**

Type Focus – [www.typefocus.com](http://www.typefocus.com)

Myers-Briggs Type Indicator Information Sheet – [www.psychometrics.com/docs/mbti\\_brochure.pdf](http://www.psychometrics.com/docs/mbti_brochure.pdf)

The Career Key Canada – [www.careerkey-ca.org/asp/your\\_personality/hollands\\_theory\\_of\\_career\\_choice.html](http://www.careerkey-ca.org/asp/your_personality/hollands_theory_of_career_choice.html)

Strong Interest Inventory Information Sheet – [www.psychometrics.com/docs/strong\\_brochure.pdf](http://www.psychometrics.com/docs/strong_brochure.pdf)

Career Leader – [www.careerleader.com/index.html](http://www.careerleader.com/index.html)